

BAR BAR

2024 - 2025

ANNUAL PROGRAM | SUNDAY DEPARTURES Itinerary 7 Days / 6 Nights





SUMMARY

Embarkation port: Nauta City

	DAYS	MEALS	LOCATION	DESCRIPTION
Day 1	Sunday AM	Box Breakfast	lquitos / Nauta	Arrival in Iquitos and city tour. Transfer to Nauta City. Embarkation.Orientation talk and welcome lunch.
	SundayPM	Dinner	Marañon River / Nauta Caño	Outing on skiffs and night excursion. Excursion on skiffs and observation of pink river dolphins.
Day 2	Monday AM	Breakfast Lunch	Pacaya Samiria National Reserve / Yanayacu de Pucate	Picnic breakfast on the skiffs. Canoe riding and swimming.
	Monday PM	Dinner	San Regis / Amazonic Natural Park	Visit local community. Blessing ceremony hosted by the chaman, followed by the planting of your own tree. Live music on board.
Day 3	Tuesday AM	Breakfast Lunch	Reserva Nacional Pacaya Samiria / Parque Natural Amazónico	Outing on skiffs, and canopy walk.
	Tuesday PM	Dinner	Shiriyacu	Piranha fishing and observation of pink river dolphins. Live music.
Day 4	Wednesday AM	Breakfast Lunch	Nauta / Amazon River Yarapa River	Excursion on skiffs. Observation of "Victoria Regias" or water lilies.Demostration on how to prepare a peruvian cocktail.
	Wednesday PM	Dinner	Yacapana Creek	Outing on skiffs and night excursion. Live Music.
Day 5	Thursday AM	Breakfast Lunch Dinner	Ucayali River / Yarapa River	Excursion on skiffs
	Thursday PM	Breakfast	Vista Alegre	Visit a local community. Live music.
Día 6	Friday AM	Lunch Dinner	Amazon River Origin / Piranha Cocha	Outing on skiffs.
	Friday PM		Casual / Marañon River	Jungle Walk. Live music on board. Crew presentation and farewell dinner.
Día 7	Saturday AM	Breakfast	Nauta / Iquitos	Visit Nauta city. Disembark in Nauta port. Visit Amazon Forever Bio Park /Manatees Rescue Center Transfer to Nauta. Iquitos airport.



Day I, Sunday Iquitos > Nauta > Marañon River > Nauta Caño

Upon your arrival at the airport, we will be waiting for you to start the adventure. We will take a city tour of lquitos, a colorful, dynamic city with a captivating past. In this tour you will be able to appreciate the most emblematic attractions of the city. Then, we will transfer by private vehicle to the city of Nauta, the historic river port where we will embark. Upon arrival in Nauta (about two hours from lquitos), we will board La Perla and our staff will accompany you to your cabin. All cabins are specially equipped for you to enjoy the most comfortable stay. The ship will start sailing down the Marañón River, as the naturalist guides present the trip plan, the routes to follow and the scheduled activities, and the best thing: they will begin to introduce us to the wonderful world of Amazon wildlife. Pay attention to their advice and recommendations, and keep in mind that if you have any doubts or questions, our guides will always be more than happy to assist.

After this presentation, enjoy a welcome lunch, your first experience with the delights of regional cuisine. The menu offers several options, including a vegetarian alternative. If you have any particular requirement, please let our crew members know in advance, so that we can attend to it in a timely manner. Before dinner, we will start a night boat excursion to the Nauta Caño area, in search of animals that can only be seen when the sun goes down: alligators, bats, frogs, tarantulas and other species that inhabit the Amazon basin. After this first immersion in the jungle world, we will return to the ship and enjoy dinner and then you can rest and recover energies for the next day.





Day 2, Monday

Pacaya Samiria National Reserve > Yanayacu De Pucate > San Regis > Amazonic Natural Park

In the morning, we will organize a fun picnic breakfast on the Yanayacu River in Pucate, one of the best protected and preserved areas of the Pacaya Samiria National Reserve. This area is often visited by pink dolphins. After, we will take a ride in local canoes and live the experience of paddling in one of the most beautiful aquatic ecosystems in the world. Also, if you want, you can enjoy a refreshing dip in the river. Back on the ship, we will have lunch in the dining room, followed by some time to rest, after which our guides will offer a talk about Amazonic philosophy. Later, we will meet the shaman of the San Regis community, a wise woman from the native community who will share with us her knowledge about the rituals of his ancestors, medicinal plants, and the Amazon worldview. Our guides will be the interpreters in case you want to ask questions or make comments to the shaman. After this authentic experience of reflection and spiritual exploration, we will continue with the ceremony of planting a tree, as a contribution to caring for the environment. Back on the boat, you can relax with live music while we wait for dinner. After eating, the guides will indicate the activities of the following day.



Day 3, Tuesday

Pacaya Samiria National Reserve > Amazonic Natural Park > Shiriyacu

Early dawn in the Amazon has a special charm, it is the perfect moment to sight many animal and insect species. For this reason, on this morning, you also have a boat excursion scheduled before breakfast. This time the destination is lquitos Brook, a privileged area for sighting numerous endemic species. Back on board, buffet breakfast will be served. After breakfast, we will start a walk through the jungle until we reach the area of the hanging bridges, a set of structures stretched out on top of the trees that will allow you to experience a canopy walk and admire the richness of the jungle from higher grounds. Before noon, we will return to the ship for lunch on board and then we will have time to rest before the next departure. Later, get ready for the boat expedition to the Shiriyacu stream. Our guides will find the perfect location for piranha fishing, using local equipment and techniques. This area is very popular for spotting pink dolphins. Upon returning to the ship, we can relax even more with live music and comfort ourselves with the delicious dinner on board.



Day 4, Wednesday

Nauta > Amazon River > Yacapana Creek

Early in the morning, we will leave by boat towards Gasparito Brook, a very popular area for bird and primate watching. After breakfast, the bartender awaits us for a Peruvian cocktail demonstration, Pisco Sour, the emblematic drink of Peru. Then, we will continue with a boat excursion to Marayali lagoon, another jewel to appreciate the Amazonian biodiversity, observe the "Victoria Amazónica" or "Victoria Regias", also known as water lilies, which are the largest aquatic plants on the planet. Before noon, we will return to the ship for lunch on board and then we will have time to rest before the next departure to the Yacapana Creek, in search of new imposing landscapes and more emblematic species of the Amazon.

Before returning to La Perla cruise, we will enjoy the wonderful light and the incomparable colors that unfold in the sky of these latitudes during sunset. We especially recommend that you relax and enjoy this moment, because few experiences compare to contemplating the endless colors on the Amazonian horizon, letting the night come to listen to the prodigious symphony of millions of animals that populate the forests and waters of these jungles. Back on the boat, we will enjoy a peaceful night with music and a replenishing dinner.



Day 5, Thursday

Ucayali River > Vista Alegre > Yarapa > Ucayali River

At dawn, we will board the skiffs to visit the banks of the Ucayali River, and observe the beautiful Amazonian birds that fill the dense treetops, a true spectacle of color and life in the heart of the forest. After this exciting ride and back on the boat, we will enjoy a delicious breakfast buffet, that offers a daily selection of traditional dishes, Peruvian specialties, freshly baked homemade products and a variety of fresh juices made with exotic fruits that can only be found in the jungle. Following, we will get ready to start a new excursion by boat, but this time, on the Yarapa River, this area is ideal for spotting toucans, parrots, macaws, iguanas, sloths and monkeys high up in the trees. Back at La Perla cruise, we will enjoy lunch on board followed by a moment of rest, the guides will offer a talk on local Amazonian culture. During the afternoon, we will visit the town of Vista Alegre, to meet the native community and learn about their customs, having the guides as interpreters and translators. Upon return, you can enjoy live music while we wait for dinner on board.



Day 6, Friday

Ucamara >/ Confluence (Origin of the Amazon River) > Cocha Piranha > Casual > Marañon River

After breakfast, the guides will offer a talk about the Pacaya Samiria Reserve, one of the most amazing jungle reserves in the world, with forests that remain flooded for much of the year. Later, we will be ready for the boat expedition to the point of confluence of the Marañón and Ucayali rivers, the majestic location of the jungle where the Amazon River is born. Before returning to La Perla, we will explore the Piraña Cocha area, looking for more wildlife. Back on the boat, we will offer lunch and you will have time to rest and prepare for the next adventure: a walk through the winding jungle trailsl located at the beautiful area of Casual, inhabited by poisonous frogs and countless exotic animal species. In this area we will also observe a variety of giant trees known by the locals as "Avatar". You can also purchase local handicrafts made by the local women artisans and in this way contribute with their local economy. As we return to La Perla, there will be a special moment to contemplate the majestic Amazon sunset. Late at night, you can listen to some live music before the final presentation of the crew and farewell dinner.



Day 7, Saturday

Nauta > Iquitos > Airport

This morning begins quietly with breakfast on board, but becomes exciting with a visit to the city of Nauta, the second largest in the region. Upon arrival, we will reach the city market, where you can interact with locals and learn about the particular commercial circuit of the region. We will visit the stalls of typical food, crafts, aphrodisiac drinks and many more. A true immersion in the life of the Amazonian population. Back on the ship, we will proceed to disembark. On your way to the airport, visit Amazon Forever Bio Park, also known as Manatees Rescue Center, where biologists and volunteers care for manatees, an endangered species. Learn how manatees are treated and prepared for their return to their natural habitat. Likewise, other animals are also rescued, treated and reinserted in their natural

thabitat. Jungle Experiences actively collaborates with dedicated organization and think tank. We invite you to do so as well and help this meaningful cause. Transfer to the airport.



Included

- Box breakfast upon arrival.
- All meals aboard La Perla. Every day you will enjoy a variety of flavors made with products from the area. Breakfast, lunch and dinner are served buffet style.
- All hiking and equipment (including hiking boots and ponchos).
- Transfers from / to the ship upon arrival on recommended flights to lquitos.

* In case you are staying in hotels in the city of Iquitos, inform the sales and reservations department to coordinate the pick-up before or after the tour, email info@junglexperiences.com. • Entrance fee to the Pacaya-Samaria National Reserve. • Natural juices, coffee, infusions are included. One beverage to choose: soda, local beer or one glass of wine is included during lunch and dinner. Premium bar with additional cost.

Not included

- Domestic flights.
- Cost of medical emergencies (including emergency evacuation).

• **Tipping etiquette.** we recommend a tip amount of USD 20 to USD 25 per passenger per night for the crew (which will be divided among all crew members) and a tip amount of USD 7 to USD 10 per passenger per night for the guides.

- * Please note that these amounts are suggested and that this is entirely at the discretion of our guests.
- Any additional transportation services.
- Any additional bar consumption.

Notes

- The proposed itineraries and programs may vary depending on the weather, the river water level, the migratory cycles of animals and variations in recommended flights.
- Visits to communities: the visits will depend on the availability of its inhabitants. We protect the environment and the identity of local cultures, trying to affect as less as possible with our visits.
- Excursions: before each outing we offer waterproof rubber boots for your comfort and convenience, these must be returned to the staff for cleaning. We also offer waterproof rain ponchos.

• Kayaks: coordinate with the naturalist guides about kayak rides, which will depend on the weather conditions on the days of your trip. You are welcome to sign up for kayak rides at your own risk. These rides take place in calm waters where you can paddle in a relaxed way. Our kayaks are ideal for two passengers.

• Fishing: Our fishing policy is based on catch and release.

Australian bookings and information via:



www.ContoursTravel.com.au <u>contours@contourstravel.com.au</u> 1300 135 391

